

# **6<sup>th</sup> TRAINING COURSE ON THE USE OF CARDIOPULMONARY EXERCISE TESTING IN CARDIOLOGY**

4-5 November, 2016

Salvatore Maugeri Foundation, IRCCS - Scientific Institute of Veruno  
Veruno (NO) - Italy

Project Manager: Dr. A. Mezzani



This program is accredited by the European Board for Accreditation in Cardiology (EBAC) for 9 hours of external CME credits. Each participant should claim only those hours of credit that have actually been spent in the educational activity. EBAC works according to the quality standards of the European Accreditation Council for Continuing Medical Education, which is an institution of the European Union of Medical Specialists.



## Friday 4/11/2016

- 8.45-9.00 Welcome note
- 9.00-10.00 Practical session: Incremental cardiopulmonary exercise testing  
**A. Mezzani** (Veruno, Italy)
- 10.00-10.45 Wasserman's nine-panel plot: a cardiological reappraisal  
**A. Mezzani** (Veruno, Italy)
- 10.45-11.15 Cardiopulmonary exercise testing and prognostic stratification of cardiac patients: the never-ending story  
**U. Corrà** (Veruno, Italy)
- 11.15-11.30 Discussion
- 11.30-12.00 *Coffee break*
- 12.00-12.30 Ventilatory thresholds: identification and (patho)physiological meaning  
**A. Mezzani** (Veruno, Italy)
- 12.30-12.45 Discussion
- 12.45-14.00 *Lunch*
- 14.00-14.30 Cardiopulmonary exercise testing in the athlete: lessons from the competitive world  
**A.M. Jones** (Exeter, United Kingdom)
- 14.30-14.45 Discussion
- 15.00-16.30 Clinical cases
- 16.30-17.00 *Coffee break*
- 17.00-18.30 Clinical cases
- 20.30-22.30 *Social event*

## **Saturday 5/11/2016**

- 9.00-10.00 Practical session: Constant-work-rate cardiopulmonary exercise testing
- 10.00-10.45 Use of ergospirometric data for exercise training prescription: the deceptive lab-to-gym passage.
- A. Mezzani** (Veruno, Italy)
- 10.45-11.15 *Coffee break*
- 11.15-12.00 Antoine Lavoisier Lecture
- 'Cardiopulmonary imaging': combining ergospirometry and echo-cardiography in the clinical and research setting
- M. Guazzi** (Milan, Italy)
- 12.00-12.15 Discussion
- 12.15-13.00 Final evaluation and closing remarks
- 13.00-14.00 *Lunch*

In compliance with EBAC/EACCME guidelines, all speakers participating in this program have disclosed or indicated potential conflicts of interest which might cause a bias in the presentations. The Course Director is responsible for ensuring that all potential conflicts of interest relevant to the event are declared to the audience prior to the CME activities.